

Proud Partner of



Lift UP is an equal opportunity provider.



LIFT UP FOOD BRINGS US TOGETHER

Increasing Food Security in Downtown & NW Portland

PROGRAMS AND SERVICES

Preston's Pantry



A shopping-style pantry that stocks fresh produce and served 9,434 people in 2021.

Delivered Food Boxes



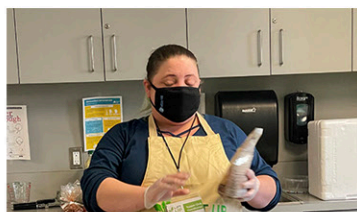
A service for clients who are unable to access our pantry. 3,439 boxes were delivered in 2021. 39% were dietary specific i.e. Diabetic, High Blood Pressure.

Emergency Food Closets



In-building Emergency Food Closets serve about 30 people in each building who have urgent need for food. Last year we distributed 41,570lbs of food in Emergency Food Closets.

Supper Club



This healthy eating workshop is a favorite client program where residents of low-income housing learn to cook nutritious meals.

Free Food Market



This free farmer's style market takes place on the 4th Wednesday of every month from 11am -12pm at Legacy Health Clinic on NW 23rd.



LIFT UP - Client and Volunteer Lennie

[Click here to WATCH client impact story](#)